



THE LONGEVITY
SUITE

M I L A N O






“As a cardiologist I have always been committed to improving the health of my patients. Day after day the focus of my work has shifted from treatment to prevention - spreading a healthier lifestyle, which makes it possible to better adapt to the continuous changes of modern life.

*After more than 20 years of research, my team and I have developed a method that bases its foundations on the Secret of healthy longevity: the reduction of inflammation and therefore the slowing down of the aging process through **Cold, Detox and Awareness**. Today I am proud to be able to introduce **The Longevity Suite® Method** to the world. Thanks to protocols that integrate scientific research, the most innovative technologies in the world of wellness and advanced cosmeceutical products, this method is able to generate Antiage Programs to obtain a perfect balance between health, conscious beauty and mental energy.”*

Dr. Massimo Gualerzi
Cardiologist and Health writer
Co-founder and Scientific Director The Longevity Suite

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LONGEVITY NUTRITION

WE DETOX YOU

The natural substances in our supplements and nutritional products have been selected on the basis of the pathophysiology of aging and the genesis of the chronic degenerative diseases that afflict modern man. At the root of these processes we find constantly increasing levels of inflammation and the progressive inability of cells to eliminate toxins and maintain high energy levels. The natural active ingredients contained have therefore been chosen with the aim of promoting the physiological processes of detoxification, cell regeneration and metabolic activation, reducing the damage caused by psychophysical stress and enhancing our natural defences.



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200ml € 30.00

DETOX



For a deep purification and detoxification of the body from the inside out, in a gentle and natural way. It helps to unblock basal metabolism, improve liver function and lipid profile and reduce abdominal bloating.

Food supplement based on concentrated extracts of 10 plants: *Milk Thistle*, *Artichoke*, *Dandelion* and *Fillanto* are a valid support for liver function; *Burdock*, *Fumaria* and *Sarsaparilla* contribute to the purifying functions of the body and the well-being of the skin; *Birch*, *Lespedeza* and *Horseradish* are useful for the drainage of body fluids; *Dandelion* also helps the regularity of intestinal transit and *Artichoke* facilitates digestive functions.

It is recommended to take 10 ml of product diluted in at least 200 ml of water in the morning on an empty stomach.



200ml € 30.00

DREN



It naturally promotes the elimination of excess fluids, purifying the body. A valid ally to improve circulation and reduce water retention and cellulites.

Food supplement based on concentrated extracts of 10 plants: it mainly contains *Birch*, *Lespedeza*, *Corn*, *Horsetail*, *Artichoke* and *Goldenrod* useful for supporting the functionality of the urinary tract and promoting the drainage of body fluids. It also contains *Centella* for the optimal functionality of the microcirculation and *Green Tea* with antioxidant properties.

It is recommended to take 10 ml of product diluted in 500 ml of water during the afternoon.



ANTIAGE



Rich in antioxidants, it helps slowing down cellular aging, protecting our cells from oxidative stress. Useful for reducing inflammation and increasing energy levels.

Contains dry extract of *Olive Leaves*, *Red Vine Seeds* and *Vitamin E* with antioxidant action. It also contains *Vitamin A* which intervenes in cell specialization processes; *Spirulina Algae* has a supportive, immunostimulating and antioxidant action and *Coenzyme Q10*, important for counteracting the attack of free radicals and present in almost all the cells of our body, whose concentration is reduced by stress, fatigue, aging and environmental pollution.

It is recommended to take 2 capsules a day, 1 at lunch and 1 at dinner.

60cps € 32,00



COLLAGENE



Food supplement based on important nutrients to ensure the health of skin, hair, tendons, bones, cartilage and nails.

Contains *Hydrolyzed Marine Collagen*, *Chondroitin Sulphate* and *Hyaluronic Acid*; *Vitamin C* which contributes to the physiological formation of collagen for the normal function of the skin and cartilage, *Copper* which helps maintaining healthy connective tissues and *Zinc* which contributes to maintaining a healthy skin and, together with *Vitamin C* and *Copper*, promotes the protection of cells from oxidative stress.

It is recommended to take 2 tablets a day, 1 at breakfast and 1 at dinner.

60tbs € 40,00



NATURALLY SLIM



Designed to help reduce visceral fat and lose weight. It contributes to blood sugar control by increasing insulin sensitivity, and to reduce the sense of nervous hunger and to regulate the circadian rhythm.

Food supplement containing: *Gymnema Sylvestre* and *Griffonia* to support the control of the sense of hunger and lipid metabolism, *Matè* and *NOPAL* for the balance of body weight and *Green Coffee* with a tonic action and metabolic support. It contains *Spirulina Algae* which has an immunostimulating, antioxidant and adaptogenic action and *Chromium* which contributes to the maintenance of normal blood glucose levels.

It is recommended to take 2 tablets a day, before meals.

60tbs € 40,00



STRESS RELIEF



Useful for supporting daily relaxation and psychophysical well-being, improving the emotional state and vitality of the organism. It especially helps to counteract mental stress and mood-related disorders.

It contains *Rhodiola Rosea* and *Eleutherococcus*, useful in case of physical and mental fatigue to increase the response to stress and improve mood. Contains *Griffonia* extract, which naturally supports the synthesis of serotonin, a neurotransmitter involved in mood control; *Theanine*, *Lemon Balm* and *Hawthorn* help facilitate relaxation and mental well-being. *Vitamins B1, B5, B6* play an important role in the proper functioning of the nervous system.

It is recommended to take 2 capsules a day, 1 in the morning and 1 in the early afternoon.

60cps € 35,00



60cps € 35.00

SLEEP BETTER



It promotes relaxation and a restorative physiological sleep without causing drowsiness during the day.

It contains *Tryptophan*, a precursor of serotonin and melatonin, which acts as a mood stabilizer and essential element for a good sleep; this combination guarantees, compared to the administration of melatonin alone, the achievement of better results. *Hawthorn*, commonly used as a cardi tonic and natural antihypertensive, also exerts a beneficial action in insomnia and anxious states. The benefits of the product are enhanced by *Lavender* and *Linden* which contribute to the calming effect and the natural improvement of sleep quality.

It is recommended to take 1/2 capsules a day 30 minutes before going to bed.



60tbs € 35.00

IMMUNO STRONG



To support and strengthen the natural defenses of the immune system.

It contains *Echinacea* which provides support to maintain the good functionality of the upper respiratory tract and urinary tract; the high concentration of *Vitamin C* contained in *Rosa Canina* contributes to cellular protection from oxidative stress and performs an important support and restorative function, reducing symptoms of tiredness and fatigue. The presence of *beta-glucans* guarantees a further strengthening of the non-specific primary defenses against bacteria, viruses and parasites. *Elderberry*, a source of vitamins and flavonoids with antioxidant action, is useful for strengthening the body's natural defenses in the preventive phase and in case of the first respiratory tract symptoms.

It is recommended to take 2 tablets a day, for 15-days cycles. In particular, during seasonal changes and / or in periods of intense physical stress, repeat 3 cycles (with a 10-day break in between)



60cps € 38.00

RE-BALANCE



Probiotic and prebiotic, it promotes the balance of the intestinal microbial, supporting digestive function and reducing abdominal bloating.

It contains *Live Lactic Ferments*, *Prebiotic Fibers* and *Inulin* useful for regenerating the intestinal flora. It also contains plant extracts of *Fennel*, *Anise*, *Lemon Balm* and an *Enzyme Complex* from fermented plant substrates to support digestive function and regular gastrointestinal motility.

It is recommended to take 1-2 capsules a day before meals.



60cps € 45.00

NEW MIND



It supports memory and cognitive performance. Helpful in regaining mental well-being even in excessive psycho-physical stress, concentration and learning difficulties.

Food supplement based on plant extracts: *Ashwagandha* is a helpful tonic-adaptogen in case of physical and mental fatigue, *Bacopa* supports memory, cognitive functions and mental well-being. The product also contains *Pantothenic Acid* which contributes to the reduction of tiredness, fatigue and the maintenance of normal mental performance. *Vitamin B6* contributes to the normal functioning of the nervous system. With *Choline*, *Taurine* and *Vitamin D*.

The recommended dose is from 2 to 4 capsules a day, preferably in the morning or early afternoon.



LONGEVITY +



60tbs € 68.00

Rich in sirtuins activators, it helps slowing down cellular aging by protecting our cells from oxidative stress.

It contains *Anthocyanins* (Blueberry) and *Ellagic Acid* (Pomegranate) useful as antioxidants, *Onochiol* (Magnolia) and *Pterostilbene* (Resveratrol), powerful antioxidants involved in the prevention of diseases and slowing down aging. Contains *Zinc*, *Selenium*, *Niacin* and *Chromium* which contribute to the protection of cells from oxidative stress and to the stabilization of cholesterol and insulin levels. It also contains *Nicotinamide* (NAD), an essential enzyme for the life of our cells.

It is recommend to take 2 tablet a day, 1 at breakfast and 1 at lunch.

- 💧 Stimulates the natural production of anti-aging proteins responsible for cell renewal
- 💧 Helps slowing cellular aging
- 💧 Antioxidant and anti-inflammatory action
- 💧 Strengthens the immune system

The anti-aging proteins, known as Sirtuins, ensure cell life prolongation by keeping cells young, active and protected, slowing down aging processes.

The Sirtuins production is enhanced by LONGEVITY+ supplement thanks to its highly concentrated formula that helps to protect cells from oxidative stress and regularizes physiological processes for a healthy longevity.

A BOOSTER OF YOUTH

Caloric restriction, fasting diet and cold therapy combined with the LONGEVITY+ supplement intensify the results of your anti-aging routine. Follow *The Longevity Talks* podcast, a format curated by experts of the Longevity world, and learn our tips.



THE LONGEVITY TALKS



THE LONGEVITY DAY

The times of the day indicated for supplementation.

	FASTED	BREAKFAST	LUNCH	AFTERNOON	DINNER	EVENING
DETOX	10ml					
DREN				10ml		
ANTIAGE			1 capsule		1 capsule	
COLLAGENE		1 tablet			1 tablet	
NATURALLY SLIM		1 tablet	1 tablet			
STRESS RELIEF		1 capsule		1 capsule		
SLEEP BETTER					2 capsules	
IMMUNO STRONG				1 tablet	1 tablet	
RE-BALANCE			1 capsule		1 capsule	
MIND		2 capsules		2 capsules		
LONGEVITY +		1 tablet	1 tablet			

RECOMMENDED FREQUENCY

The times of the year indicated for supplementation.

MONTH - YEAR CYCLES AND SEASONS

At the beginning of each Longevity path and continuous for 40 days at each change of season.

For 40 days from March to September, and at other times of the year in case of specific needs.

All the year.

For 3 months (90 days), to be repeated twice a year.

Cycles of minimum 3 months (90 days) as needed.

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3 cycles of 15 days, with a 10-day interval, in spring and autumn.

All the year with a break in December and August.

Cycles of minimum 3 months (90 days), with a 30-day break in between, as needed.

All the year.

DETOX TEA

Purify your body from the inside out, thanks to a selection of 100% natural infusions.

Detox Teas are infusions of 100% natural herbs of the highest quality, aimed at purifying the body in a healthy and natural way. Thanks to their composition, they help eliminate excess fluids, swelling, awaken the metabolism and increase available energy.

There are 4 types of Detox Teas (**Energy, Slim, Dren and Detox**) characterized by a different organic mix of ingredients, to be consumed at different times of the day: Energy at breakfast, Slim in the late morning, Dren in the afternoon and Detox in the evening.

To prepare the perfect Detox Tea, infuse 3-4g of product (equivalent to about a tea spoon) in 200ml of hot water (equivalent to about a tea cup) for 5/7 minutes. Once ready, drink the Detox Tea hot or at room temperature at the times indicated.

TO BE CONSUMED:



EVERY DAY

to slow down aging, hydrate the body and increase energy levels.



2 WEEKS 4 TIMES A YEAR

to purify the body.



4 WEEKS EVERY 3 MONTHS

as a support in achieving the ideal weight, to awaken the metabolism and reduce the sense of nervous hunger.



THE LONGEVITY
SUITE
MILANO



50gr € 10,00



50gr € 10,00



50gr € 10,00



50gr € 10,00

TEA ENERGY



Get the energy you need to start the day in the best possible way of energy and vitality.

Contains Cocoa peels, Licorice, Fennel seeds, Mate.

TEA SLIM



It speeds up the metabolism and keeps the sense of hunger under control.

Contains Rosemary, Nettle leaves, Rosehip peels, Rooibos, Lavender flowers, Ginger pieces, fermented Pu Erh Tea, Mate, Fennel seeds, Licorice root, Cinnamon, Pepper, Cardamom pods, Cloves.

TEA DREN



Gives a natural sense of lightness, deflating and draining liquids in excess with just the power of nature.

Contains Anise, Licorice root, Fennel seeds, Cardamom seeds, Black Pepper, Cinnamon, Ginger in pieces, Cloves.

TEA DETOX



Detoxify the body by recharging yourself with just the power of nature.

Contains Anise, sweet Fennel seeds, Orange peel, lemon Verbena, Licorice root, Peppermint, Mint, Chamomile.



DETOX SMOOTHIE KIT




Purify your body with the power of nature and the effect of a semi-fast within everyone's reach.


Smoothies of fresh fruit and vegetables, of the greatest quality, with the addition of functional nutrients. Produced in a natural way, deriving simply from ripe fruit and vegetables and without the use of preservatives, dyes, additives and acidifiers.

The detox program consists of 6 Smoothies (**Body, Purity, Vitality, Beauty, Balance** and **Restore**) to be consumed within a day, ideal for those who, for the first time, want to experience the benefits of a semi-fast and reactivate the metabolic processes filling up on vitamins, minerals and antioxidants.

- ✔ **100% VEGETAL**
- ✔ **HARVESTED FRUIT AND VEGETABLES AT RIPENING**
- ✔ **ECO FRIENDLY & PLASTIC FREE**
- ✔ **SUGAR, PRESERVATIVES, DYES, ADDITIVES - FREE**
Contains naturally occurring sugars

 **KIT LIGHT**
6x 220ml € 39.00

 **KIT MEDIUM**
3x 220ml + 3x 500ml € 55.00

 **KIT STRONG**
6x 500ml € 72.00



DETOX DAY



A day with Detox Smoothies. Benefits and Properties.

From waking up until the evening. A one-of-a-kind daily program thanks to a careful selection of natural ingredients to be discovered.

1 BODY AM 8:00



It reduces abdominal swelling and intestinal heaviness, improving digestion giving a sense of lightness.

Ingredients: Apple, Pineapple, Carrot, Papaya, Ginger.

2 PURITY AM 10:30



It helps toxins escape from the body and does not allow stress to negatively affect your day.

Ingredients: Green Apple, Fennel, Celery, Broccoli, Lemon, Mint, Spirulina.

3 VITALITY PM 1:00



It helps to maximize the available energy.

Ingredients: Apple, Lemon, Tamarind, Agave, Cayenne Pepper.

4 BEAUTY PM 3:30



It keeps cells and tissues young and active, counteracting aging from oxidative stress.

Ingredients: Apple, Orange, Pomegranate, Carrot, Beetroot, Lemon, Acai Berries, Maca.

5 BALANCE PM 6:00



It helps draining excessive fluids and reducing swelling.

Ingredients: Apple, Melon, Pear, Cabbage, Lemon, Chia Seeds, Parsley.

6 RESTORE PM 8:00



It supports the building and maintenance of a strong and healthy muscle mass, essential for a fast metabolism.

Ingredients: Apple, Banana, Almond, Quinoa, Hemp Seeds.

ANTIAGE & BEAUTY KIT



ANTIAGE & BEAUTY KIT
6x 220ml € 36.00

Antiage & Beauty kit is a six-day ritual to give the skin a healthier and more radiant appearance. This kit is suitable for combating the visible signs of ageing by reducing free radicals and stimulating the skin's purification processes thanks to the fruits richest in nature in powerful antioxidants.



DRINK A SMOOTHIE IN THE MORNING ON AN EMPTY STOMACH FOR 6 CONSECUTIVE DAYS.



DAY 1

CARROT: rich in vitamin C and beta-carotene, it fights free radicals and aging and improves skin brightness and vision.



DAY 2

POMEGRANATE: rich in vitamin C, K and B. It has an important antioxidant action thanks to the presence of tannins and polyphenols.



DAY 3

BEETROOT: thanks to betalain, anthocyanins and flavonoids it has a strong antioxidant power, benefitting the skin's microcirculation.



DAY 4

RED FRUITS: rich in antioxidants, help prevent and fight infections, improving capillary circulation.



DAY 5

RED GRAPE: very rich in polyphenols, resveratrol and quercetin, precious allies to reduce skin imperfections and the signs of aging.



DAY 6

TOMATO: the content of lycopene, a carotenoid with antioxidant action, protects against cellular degeneration from external stress by preventing the proliferation of free radicals.

ULTRA DETOX 3 DAYS KIT

Ultra Detox 3 Days Kit is the result of years of scientific research in the field of intermittent fasting (IER - Intermittent Energy Restriction). The complete kit has been designed for those who want a deeper detoxification and a metabolic reset.

Intermittent fasting consists of alternating phases of strong caloric restriction with phases of normal nutrition. Longevity semi-fasting was created to make intermittent fasting easier, affordable and compatible with anyone's lifestyle. The program is divided into 3 consecutive days in which you will have to eat and drink only the products contained in the kit: plant-based drinks, soups, dried fruit and herbal teas designed to maximize the effects of the semi-fast, ensure the right intake of nutrients and minimize the inconvenience of reduced food intake.



♦ RICH IN FIBERS

♦ LACTOSE FREE

♦ GLUTEN FREE

♦ NO ADDED SUGARS

Contains naturally occurring sugars

€ 150.00





LONGEVITY WATER

DRINK MORE. LIVE MORE.

Ours is not just water but a mix of attention, thanks to which we can give wellness to the body and improve the planet. Longevity alkaline water has a pH of 8,5 because it is formulated with alkalinizing elements such as sodium, potassium, silicon, magnesium and calcium. It promotes the drainage of toxins, improves the body's hydration even during intense sports activity, and allows the body to assimilate nutrients better. Its packaging is fully recyclable and is made of 83% renewable plant-based raw materials to have a lower environmental impact and more sustainability.

500ml € 1.50



**PACKAGING MADE FROM
83% PLANT-BASED MATERIAL**



pH ALKALINE 8.5

FOOD SNACK

Simple and authentic products, without secret or artificial ingredients. Healthy and natural, choose the bar that's right for you.

€ 3.20



€ 3.20



PROTEIN

Cocoa flavored vegan protein bar. With over 36% of 100% vegetable proteins, it is ideal for increasing your daily intake of essential amino acids without sacrificing taste with less than 1% sugar and lactose-free.

ENERGY

Energy bar based on dried fruit. The perfect snack to face all challenges thanks to the readily available energy content. Strong as a double coffee but sugar-free.

HIGH IN FIBERS | GLUTEN FREE | VEGAN | PALM OIL & GMO FREE



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LONGEVITY SKINCARE

DETOX, AOX, RENEW.

Inspired by the power of cold and detox, thanks to the latest research in the dermocosmetic and anti-aging sectors, the new cosmeceutical line by The Longevity Suite is born.

The products exploit the power of target active ingredients on inflammaging to significantly slow down the aging process of the skin and enhance the beneficial effects of cryotherapy and cold-based regenerating treatments.

Rejuvenation is generated by the common active ingredients and the 3-phase Longevity Skin Routine:

❖ DETOX

Soothing and repairing actives to reduce chronic inflammation of the tissues.

Phase dedicated to cleansing and exfoliation to remove impurities and accelerate skin renewal.

❖ AOX

Latest generation active antioxidants to counteract the attack of free radicals.

Phase dedicated to the treatment of specific imperfections caused by external agents to restore and balance the natural physiology of the skin.

❖ RENEW

Stimulating and nourishing actives to promote cell renewal and the production of Collagen, Elastin and Hyaluronic Acid.

Phase dedicated to skin hydration and protection to increase skin elasticity, tone, volume and brightness.



The daily use of these innovative cosmeceuticals allows you to extend the benefits of the specific treatments performed in-store at The Longevity Suite.



250ml € 24.00



30ml € 48.00

CRYO GENTLY CLEANSER

Delicate restorative cleansing gel.

Effective cleansing formula, suitable for daily cleansing of even the most sensitive skin. In addition to gently removing impurities and make-up residues, it tones and moisturizes the skin leaving it soft and radiant thanks to emollient and softening ingredients.

Contains: *Allantoin, Eriobotrya Japonica Extract.*

- Cleanses and removes make-up without attacking the skin barrier
- Soothes and protects the skin thanks to the soothing and regenerative ingredients
- Leaves the skin soft and radiant

For all skin types, even the most sensitive.

0% parabens, petrolatum, silicones, PEG, PPG, SLS, SLES.

CRYO OXYGEN MASK

Detoxifying and oxygenating face mask.

Formulated to purify in depth, stimulate cellular respiration of the tissue and promote the natural regenerative capacity of the skin. It helps to counteract the loss of elasticity and shine generated by chronic microinflammation, aging and pollution.

Contains: *Bulbine Frutescens Leaf Juice, Methyl Perfluorobutyl Ether.*

- Deeply purifies the skin
- Promotes cellular oxygenation, giving the skin more elasticity and brightness
- Increases the synthesis of collagen

For all skin types.

0% parabens, petrolatum.



DOUBLE CLEANSING

THE RIGHT SKINCARE ROUTINE STARTS WITH CLEANSING.

The Double Cleansing combines the action of Cryo Gently Cleanser, gentle gel cleanser, with Cryo Oxygen Mask, a detoxifying mask with oxygenating agents, for a clean and regenerated face.

PURITY MASK

Purifying, rebalancing and regenerating face mask for impure skin.



100ml € 68.00

Facial treatment with actives that perform a purifying, detoxifying, exfoliating and soothing action. The extracts of natural oils and butters nourish the layers of the skin, making it smoother, brighter and regenerated. Contains: *Active Black Charcoal, Volcanic Clay (Zeolite), Salicylic Acid, Juice Fresh Aloe Vera, Apricot Butter, Sweet Almond.*

- Deeply purifies making skin smoother and toned
- Regulates sebum production by minimizing clogged pores and blackheads
- Relieves inflammation and reduces redness providing relief to reactive skin

For all skin types.

0% parabens, petrolatum, silicones, PEG, PPG, SLS, SLES.

CRYO PEELING SERUM

Renewing exfoliating serum.



50ml € 58.00

Face serum enriched with 20% of hydroxy acids which activate in synergy skin renewal processes and accelerate cell turnover. The serum, thanks to the functional active ingredients, exerts an important sebum-balancing action, reduces skin thickening and effectively counteracts the formation of impurities.

Contains: *Mandelic Acid, Lactobionic Acid, Phytic Acid and Gluconolactone.*

- Gently exfoliates the skin
- Smooths wrinkles and reduces pores, making the complexion uniform
- Promotes cell repair and renewal processes, revitalizing the skin

For all skin types.

0% parabens, petrolatum, silicones, PEG, PPG, SLS, SLES.



30ml € 92.00

CRYO REJUVENATING BOOSTER SERUM

Anti-aging and revitalizing serum.

Intensive anti-aging serum suitable for all skin types, formulated with functional ingredients that act mainly on the phenomenon of inflammation, to counteract chronic micro-inflammation, restore antioxidant defenses and stimulate cellular renewal.

Contains: *Replexium, Et-VIT C, Eperuline, Hyaluronic Acid, Betaine and Allantoin.*

- Reduces the depth of wrinkles
- Improves elasticity and firmness
- Uniforms the complexion of the skin
- Strengthens antioxidant defenses and improves skin trophism

For all skin types.

0% parabens, petrolatum, silicones, PEG, PPG, SLS, SLES.

CRYO REJUVENATING CREAM - DRY SKIN

Anti-wrinkle, firming and nourishing cream.

High-performance cream rich in functional active ingredients that perform an antioxidant, repairing and regenerating action to hydrate the skin for a long time and slow down skin aging.

Contains: *Hyaluronic Acid, Trehalose, Shea Butter, 18β Glycyrrhetic Acid, Tocopherol, Alpha Bisabolol, Eperuline, Replexium, polyvitamin complex (Vit E, C, B3, B5, B6), 3 Vegetable Ceramides with Cholesterol, Fatty Acids and Phytosphingosines.*

- Improves the firmness of the skin
- Helps counteract gravity
- Reduces imperfections
- Hydrates and nourishes deeply

For normal and dry skin types.

0% parabens, petrolatum, silicones, PEG, PPG, SLS, SLES



50ml €85.00

CRYO REJUVENATING EYE CREAM

Anti-wrinkle-bags-dark circles cream.

Specific anti-aging treatment: the powerful peptides contained in two patented functional complexes act both on the microcirculation to attenuate the volume of bags and the coloring of dark circles, and on the synthesis of collagen to counteract the loss of tone and elasticity of the thin tissues of the periocular area.

Contains: *Hyaluronic Acid, Haloxyl, Argireline, Syn-EYE.*

- Improves skin hydration in the periocular area
- Attenuates bags and dark circles by unifying the complexion
- Reduces the visibility of wrinkles
- Promotes collagen synthesis

For all skin types.

0% parabens, petrolatum, silicones, PEG, PPG, SLS, SLES.



15ml € 48.00

CRYO UV DEFENCE 50+

Ultra protective anti-aging sun cream.

Daily protective treatment with a broad UVA/UVB spectrum also indicated for the most sensitive skin types prone to redness and sunburn. The highly performing functional active ingredients help to counteract skin aging induced by photo exposure and the appearance of sun spots.

Contains: *last generation chemical and physical solar filters, photostable, Celligent[®], SK Influx[®], Tyrostan[®], Aloe Vera extract, Alpha Bisabolol, Vitamin E.*

- Protects the skin from UVA and UVB rays
- Helps prevent photo aging
- Helps prevent skin redness and the appearance of spots
- Leaves the skin soft and hydrated

For all skin types, even the most sensitive.

0% parabens, petrolatum, silicones, PEG, PPG, SLS, SLES.



50ml € 38.00



30ml € 110.00

AOX3 CUBE ULTRA ACTIVE SERUM

Antioxidant, anti-aging and ultra-repairing serum.

Treatment designed to combat oxidative stress caused by free radicals and protect the skin from environmental factors while visibly counteracting all signs of skin aging.

3 potent patented actives of the latest generation in a unique concentrated formula with antioxidant, anti-aging and ultra-reparative action.

- Protects the skin from oxidative stress
- Helps to reduce the appearance of wrinkles and skin discolorations
- Regenerates and restores maximum elasticity and vitality to tissues

For all skin types.

0% parabens, petrolatum, silicones, PEG, PPG, SLS, SLES.



INNOVATIVE
ACTIVE
INGREDIENTS

1

GLUTATHIONE COMPLEX

Bioavailable Glutathione complex, a powerful antioxidant that protects the skin against oxidative stress by promoting cell renewal.

2

ULTRA PROTECTIVE COMPLEX

Active ingredient complex developed to protect cells and DNA against UV radiation and promote skin regeneration.

3

ANTIOX MIMETIC FORMULA

Highly purified self-regenerating molecule that helps neutralize harmful particles (smoke, pollution and UV light) causing damage and signs of aging.



LONGEVITY MASK



50ml € 120.00

Face mask rich in functional anti-aging actives for a nourishing, lifting and firming action.

Anti-aging face mask rich in innovative functional actives that act in synergy to strengthen the protection of the skin barrier to give vitality, firmness and radiance to the skin.

Contains: 5 Hyaluronic Acids, Shea Butter, Tasmanian Pepperberry Extract, D-Glycarginine, Acetyl-Hexapeptide 38, Mullein Extract, Ceramide 3, Phytosphingosine, Glycerin, Dicaprylyl Ether, White Clay.

- Combats the signs of aging
- Helps redefine oval contours
- Gives vitality, radiance and firmness

For all skin types.

0% parabens, petrolatum, silicones, PEG, PPG, SLS, SLES.



€ 45.00

CRYO SPHERE COOL SCULPTING DEVICE

Cryo Sphere is the innovative device to amplify the anti-aging effect of your beauty routine thanks to the power of cold. Used on the face, neck and the area around the eyes, it is useful for improving circulation and plumping, eliminating toxins, deflating bags and dark circles, soothing irritated skin, plumping and firming the tone of the face, instantly illuminating the appearance.

MASSAGE TECHNIQUES



LIFTING MASSAGE

Upward movements promote a lifting action for younger, firmer and more luminous skin.



LYMPHATIC MASSAGE

Downward movements stimulate lymphatic drainage, reducing swelling of lymph nodes.



18ml € 18.00

AURA INSTANT COMFORT MASK

Face sheet mask with soothing, restorative and moisturizing action.

Formulated with a concentrate of actives which provide intense hydration and help to soothe dry and sensitive skin for lasting comfort.

Contains: *Lotus Flower, Calendula, Damask Rose and Hyaluronic Acid.*

- Soothes and reduces the appearance of redness
- Hydrates and brightens skin, making it softer, smoother and healthier
- Provides lasting comfort

For all skin types.

0% parabens, petrolatum, silicones, PEG, PPG, SLS, SLES.

ÓPALE HIGH-PERFORMANCE EYE MASK

Depuffing, revitalizing and firming eye mask.

The power of stem cells and the pool of performance actives diminish puffiness and dark circles while regenerating and brightening the eyes.

Formulated with LipoButy technology that allows the actives to penetrate into the deepest layer of the skin ensuring a focused and long-lasting effect.

Contains: *Rhinacanthus Communis Young Cell Stem Cell Extract, moisturizing complex of Hyaluronic Acid and Polyglutamic Acid, Passion Flower Extract and Caffeine.*

- Helps reduce puffiness, dark circles under the eyes and the visibility of wrinkles
- Strengthens and tones the skin around the eyes, improving its resilience
- Revitalizes, hydrates and brightens the eyes

For all skin types.

0% parabens, petrolatum, silicones, PEG, PPG, SLS, SLES.



5pz x 4ml € 45.00



EXCLUSIVELY DESIGNED FOR

LUISAVIAROMA

© THE LONGEVITY SUITE



THE LONGEVITY SUITE x LUISAVIAROMA

LIMITED EDITION

The Limited Edition The Longevity Suite x Luisaviaroma Box contains the skincare routine designed to prevent the signs of aging and give the face and eyes more luminosity and vitality. This is achieved thanks to the synergy of *AOX3 CUBE Ultra Active Serum* which is formulated with antioxidant, anti-aging and ultra-repairing active ingredients, and *Cryo Rejuvenating Eye Cream*, an anti-aging eye contour cream which helps reducing bags, dark circles and hydrating the eye area. The treatment is completed with the *Cryo Sphere Cool Sculpting Device* to eliminate toxins, firm and enhance the overall anti-aging effect thanks to the power of cold.

◆ STEP 1

AOX3 CUBE Ultra Active Serum - 30ml

Serum formulated with antioxidant, anti-aging and ultra-repairing active ingredients.

◆ STEP 2

Cryo Rejuvenating Eye Cream - 15ml

Specific anti-aging treatment to reduce bags under the eyes and to counteract the loss of skin tone and elasticity around the eye area.

◆ STEP 3

Cryo Sphere Cool Sculpting Device

An innovative device designed to amplify the anti-aging effect of the skincare routine thanks to the power of cold.

After applying AOX 3 CUBE Ultra Active Serum and Cryo Rejuvenating Eye Cream, gently massage the face, eye area, neck and neckline with Cryo Sphere Cool Sculpting Device for 5/10 minutes.



€ 172.00



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RE-DEFINE BODY LIFTING CREAM MASK

Body cream mask formulated with firming, lifting and remodeling action.

A complex of active ingredients act to tone and give elasticity to the skin, helping to redefine the contours of the silhouette and sculpt the body areas. Ingredients with antioxidant, moisturizing and nourishing power make the skin silky, soft and firm.

Contains: *marine active from the Atlantic Ocean obtained through biotechnology marine, a complex of plant extracts and proteins and patented peptide with action lifting and plumping. Olive Oil, Sweet Almond Oil, Karité Butter, Cocoa Butter and Vitamin E.*

- Helps redefine the body areas with a loss of volume and elasticity
- Gives a lifting effect and helps to reshape the silhouette
- Fights skin aging, firms and tones tissues

For all skin types.

0% parabens, petrolatum, silicones, SLS, SLES.

250ml € 120.00

EXCLUSIVE FORMULA WITH 3 PATENTED ACTIVE INGREDIENTS



**MARINE ACTIVE
FROM THE
ATLANTIC OCEAN**

The unique active ingredient obtained biotechnologically from a marine microorganism, helps to strengthen and tone muscles.



**PLANT
EXTRACTS
AND PROTEINS**

The pool of plant extracts and proteins acts to give elasticity and tone to the tissues, giving to the body a more firm and toned appearance.



**PATENTED
PEPTIDE**

A powerful peptide with a lifting and plumping action, helping to redefine and sculpt the body areas.



CELLULITE CRYO GEL

Total Body Sculpt Emulgel with cooling effect.

Revitalizing treatment, formulated with numerous functional and active ingredients patented, and to counteract the skin imperfections of cellulites and adipose tissue accumulations, to sculpt and tone the body.

Contains: *Phosphatidylcholine, Collagenase, Glucine Complex, Caffeine, Carnitine, Renovenzyme PB, Aescin, Centella, Nicomenthyl, Tocopherol, Menthol, Rice and Almond Oil, 18 beta glycyrrhetic acid.*

- Reduces the "orange peel" appearance
- Reduces the visibility of cellulites micro and macro-nodules
- Improves elasticity and skin tone

For all skin types.

0% parabens, petrolatum, silicones, SLS, SLES.

250ml € 65.00



CRYOSUITE GEL

Ultra-active draining, defatiguing and toning gel.

Ultra-active cold-effect gel formulated with functional actives that act in synergy to eliminate toxins, promote microcirculation and immediately reduce swelling in legs and ankles. The phytoextracts of Pineapple, Butcher's Broom, Horse Chestnut and Black Currant perform a draining and vaso-protective action, Centella and Escin counteract fluid stagnation while Menthol provides a long-lasting defatiguing and cooling effect.

Contains: *Menthol, extracts of Centella, Pineapple, Butcher's Broom, Horse Chestnut, Black Currant, Escin and Caffeine.*

- Draining, defatiguing and toning
- Promotes post-work-out recovery
- Enhances the benefits of your Cryosuite sessions

For all skin types.

0% parabens, petrolatum, silicones, SLS, SLES.

500ml € 50.00

INFINITY LUXURY CARE OIL



200ml € 70.00

Multi-repairing and anti-aging action face-body oil.

A pure elixir made from precious organic oils with Vitamin C and E that intensely moisturizes the skin. With antioxidant and soothing action, it improves skin elasticity and firmness and helps prevent and smooth wrinkles. Particularly suitable for recovering dry, sensitive and demanding skin. It makes the skin wonderfully soft. Suitable for all areas of the body as a restorative after UV exposure.

Contains: *Argan Oil, Jojoba Oil, Almond Oil, Heliantus Oil, Vitamin E and Vitamin C.*

- Intensely moisturizes the skin
- Restructures the epidermal barrier
- Improves skin elasticity and firmness
- Helps to reduce and prevent wrinkles

For all skin types.

0% parabens, petrolatum, silicones, SLS, SLES.

INFINITY AT-HOME *ritual*

A regenerating and relaxing ritual resulting from the combination of Infinity Luxury Care Oil with the exclusive massage technique by The Longevity Suite to enhance the effectiveness of your skincare routine at home.

BREATHE IN, BREATHE OUT, AND LET YOURSELF BE SURPRISED BY THIS UNIQUE AND RELAXING RITUAL. SCAN THE QR CODE AND GET STARTED RIGHT AWAY.



VIDEO TUTORIAL



© THE LONGEVITY SUITE



THE LONGEVITY SUITE EAU DE PARFUM

Inspired by the power and lightness of cold.
A sophisticated, fresh and embrace fragrance that evokes the desire for longevity.

The opening note of the Eau de Parfum is composed of a refreshing combination of Lemon and Bergamot. The cold notes of Pink Pepper perfectly complement this unusually energetic mix.

It finishes with the heady Sea Foam Accord that evokes a purifying seascape. The fragrance's heart manifests itself, combining the exotic floral notes of Jasmine with the original combination of Cardamom and Juniper Berry that give a marked character to the fragrance as a fresh and deep breath.

Furthermore, this experience will reach perfection with the base composed of cold notes of Vetiver and Amber, the purity of Musk, and the elegant and refined scent of Norwegian White Woods which give softness, roundness and persistence to the composition.



€ 150.00



HEAD NOTES

Lemon - Bergamot - Pink Pepper - Sea Foam Accord



HEART NOTES

Jasmine - Cardamom - Juniper Berries



BASE NOTES

Cold accords of Vetiver and Amber - Musk - Norwegian White Woods

THE COMPOSITION

by Maurizio Cerizza

This original and elegant fragrance has the signature of the renowned perfumer Maurizio Cerizza, who studied for months to create it, selecting only the most wanted ingredients to find the perfect harmony of cool accords inspired by the style of The Longevity Suite.

LINEA HOME
BLACK

YOUR HOME. JUST COOLER

BLACK HOME

The new home fragrance line inspired by the restorative power of cold. The line is designed to complete the Longevity experience by giving a perfect and unforgettable sensory memory to be experienced at home.

A modern and impactful packaging design reflects the purely elegant and refined spirit of the brand, creating a welcoming and modern environment.

HOME FRAGRANCE

Room diffuser designed to create a refined atmosphere with a fresh and sophisticated fragrance.



250ml € 62.00

WATER FRAGRANCE

Perfect for freshening the ambient with elegance. Water Fragrance is a spray ideal for all home areas and tissues.



250ml € 58.00

HAND SOAP

It gently cleanses the hands, moisturizing them thanks to its formula based on Yarrow Extract.



250ml € 48.00

OLFACTORY PYRAMID LONGEVITY FRAGRANCE

HEAD NOTES

LEMON
BERGAMOT
PINK PEPPER
SEA FOAM ACCORD

HEART NOTES

JASMINE
CARDAMOM
JUNIPER BERRIES

BASE NOTES

VETIVER
AMBER
MUSC
NORWEGIAN
WHITE WOODS



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